



ASPIRE OUTDOORS
MOUNTAIN HOME, AR

River Guide

ALL THE GEAR YOU NEED

Whether you're headed to float one of the many beautiful rivers in Arkansas or you're headed to explore a river in another state, here's a reminder of some staple items that'll keep you paddling.

gear

- water bottle with clip
- sunscreen
- dry bag (or four)
- first aid kit
- cooler
- outdoor speaker
- LifeStraw (unlimited water supply)

apparel

- sunglasses with croakies
- quick drying clothing
- Chacos or another water shoe
- a change of dry clothing

food

- pre-made sandwiches
- fresh cut fruit
- protein bars (keep in your cooler or they'll melt!)
- freeze-dried food packs for overnight stays

All you really need for the river

good friends | good food | good weather

BRING A MESH BAG TO KEEP YOUR TRASH IN AND PICK UP LITTER IF YOU SEE ANY ALONG THE WAY

"Leave it cleaner than you found it"

